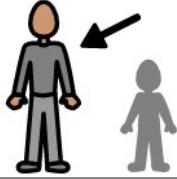


young adult



Post School Destinations



Post School Destinations and College Course information

We have put together this list of courses that will be available at some of the local colleges starting in August or September. This is not an exhaustive list and there will always be other colleges, courses and options out there.

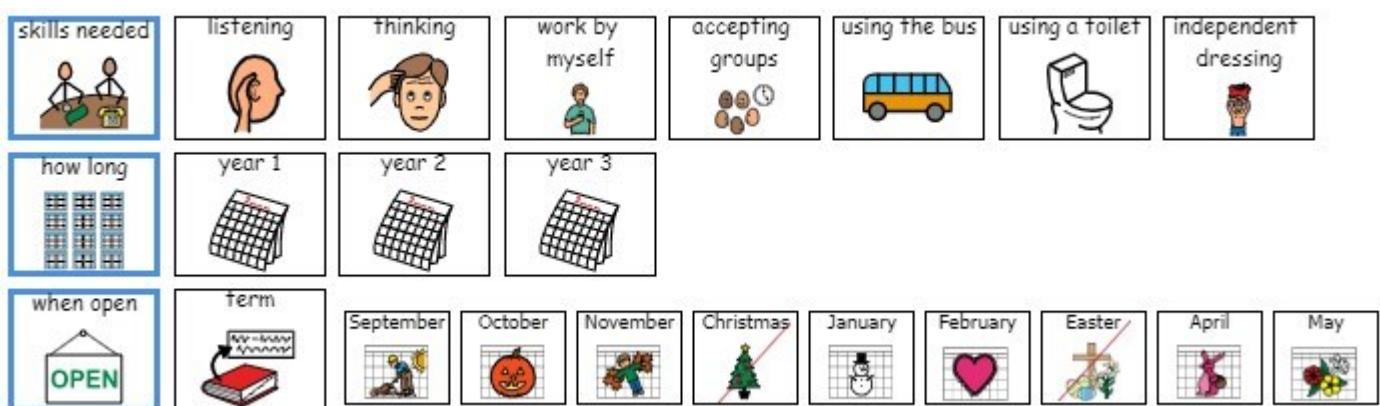
We have included courses available at SCQF levels 1 through to 3, there are of course further courses at other levels.

Each destination has an information cover sheet outlining the following.

General information is visually outlined at the bottom of each placement information page, outlining the activities and experiences that are available at this destination. For example,



Further information is visually outlined, indicating the skills that may be required to attend these destinations, how long placements could be for and availability. For example,





College Course Information Summary



College	Course Name	SCQF Level	Full/Part Time
South Lanarkshire College (East Kilbride & Lanark)	Life Options Skills for Independence Skills for Life & Work	1 2 3	P/T F/T F/T
New College Lanarkshire (Motherwell, Coatbridge & Cumbernauld)	Access Raising Your Potential Towards Independence Independent Living Skills Life Skills, Employability and Personal Development	1 1&2 1&2 2&3 3	P/T F/T F/T F/T F/T
Glasgow Clyde College (Langside, Cardonald & Anniesland)	Learning for Independence Lifelong Learning Moving on to Independence Moving on to Work NC DFN Project SEARCH (NHS)	2 2 2 3 3	P/T P/T F/T F/T F/T
Glasgow Kelvin College (Easterhouse, Haghill & Springburn)	Skills for Life and Work NC Employability and Citizenship NC Employability and Volunteering	2,3,4 3 3	F/T F/T or P/T F/T or P/T
	NQ General Education NQ Personal Achievement Award	2 1&2	P/T P/T
	NQ Skills for Learning, Life and Work NQ Skills for Learning, Life and Work	1 2	F/T F/T
City of Glasgow College (Govan & City Centre)	NQ Cityworks NQ Development Programme	3 2,3,4	F/T F/T

college



South Lanarkshire College



South
Lanarkshire
College
East Kilbride



Address: Scottish Enterprise Technology Park,

College Way, East Kilbride, Glasgow, G75 0NE.

Phone: 01355 807780

Email: admissions@slc.ac.uk

Contact: Pauline Heeley—Curriculum Manager for Learning Development

Website: www.slc.ac.uk

The focus of all of our supported courses is to develop core skills, promote independent living, personal development and employability skills.

We offer 2 full-time courses: National 2 (Personal Development award) Skills for Independence and National 3 (Personal Development Award) Skills for Life and Work. These courses are delivered over 3 days per week. Entry to these courses is a minimum requirement of working at National 2 level.

We also offer a part-time Life Options course which, is delivered 2 days per week. This course comprises of a variety of National 1 and 2 SQA units and College Certificates. There are no entry requirements for this course.

Links to these courses are on the website under courses and select 'Skills for Life and Work' or 'Life Options'.

The National 3 (PDA) Skills for Life and Work has an employment focus in all activities and students are supported to undertake a work experience placement as part of their studies.

We work closely with Skills Development Scotland and have an on-campus careers advisor who is invited to speak to class groups and can also be contacted independently for individual meetings to discuss employment opportunities.

We hold a variety of information days and an annual Supporting Your Next Steps event where we invite local organisations who

Social skills



Drama



Personal development



Independent living



Literacy



Numeracy



Safety



Travel in the community



Self awareness



Arts and crafts



skills needed



listening



thinking



work by myself



accepting groups



using the bus



using a toilet



independent dressing



how long



year 1



year 2



year 3



when open



term



September



October



November



Christmas



January



February



Easter



April



May



college



South Lanarkshire College



South
Lanarkshire
College
East Kilbride



Address: Scottish Enterprise Technology Park,

College Way, East Kilbride, Glasgow, G75 0NE.

Phone: 01355 807780

Email: admissions@slc.ac.uk

Contact: Pauline Heeley—Curriculum Manager for Learning Development

Website: www.slc.ac.uk

Courses Available:

Life Options

(National Unit)

SCQF Level: 1

Course Type: Part Time

Starts: August

Course Outline:

The Life Options courses are designed for adults who require additional support for learning.

The focus of all our courses is to develop core skills and promote independent living, personal development and employability skills.

Teaching takes place in small groups and places are limited.

You will be invited to interview prior to any offer of place being made.

The course will include elements of:

- Social skills
- Drama
- Personal development
- Independent living
- Literacy and numeracy
- Safety and security

college



South Lanarkshire College



South
Lanarkshire
College
East Kilbride



Address: Scottish Enterprise Technology Park,

College Way, East Kilbride, Glasgow, G75 0NE.

Phone: 01355 807780

Email: admissions@slc.ac.uk

Contact: Pauline Heeley—Curriculum Manager for Learning Development

Website: www.slc.ac.uk

Skills for Independence

(Personal Development Award)

SCQF Level: 2

Course Type: Full Time

Starts: August

Course Outline:

This course is designed for adults who require additional support for learning. The focus of all our courses is to develop core skills and promote independent living, personal development and employability skills.

Teaching takes place in small groups and places are limited.

You'll be invited to interview prior to any offer of place being made.

The course will include elements of:

- Communication
- Numeracy
- Financial Capability
- Self-awareness
- Practical Craft Skills
- Drama

college



South Lanarkshire College



South
Lanarkshire
College
East Kilbride



Address: Scottish Enterprise Technology Park,
College Way, East Kilbride, Glasgow, G75 0NE.

Phone: 01355 807780

Email: admissions@slc.ac.uk

Contact: Pauline Heeley—Curriculum Manager for Learning Development

Website: www.slc.ac.uk

Number of students: approx. 5,000

Skills for Life and Work

SCQF Level: 3

Course Type: Full Time

Starts: August

Course Outline:

This course is designed for adults who require additional support for learning. The focus of all our courses is to develop core skills and promote independent living, personal development and employability skills.

Teaching takes place in small groups and places are limited.

The course will include elements of:

- Core Skills
- IT and Office Skills
- Photography
- Personal development
- Preparing for employment

college



New College Lanarkshire



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

The Faculty of Supported Learning offers a range full-time courses ranging from Level 1 to 5. The main focus of all our courses is to develop and promote independent living skills and/or to develop and promote employability skills.

Raising Your Potential: This is a one year, full-time course for learners performing at SCQF Level 1/2. This course focuses on developing a student's independence and life skills. This is a transition course for students to assess the suitability of the college environment as a place of learning. Should transition be successful and students complete the course, they will be offered a place on our Towards Independence course as a progression pathway.

Towards Independence: This is a two year full-time course for students with additional support needs performing at SCQF Level 1/2. This course includes a range of practical and leisure classes designed to foster a sense of independence in the individual and increased confidence. As part of the course, students will spend time out in the community, practising practical numeracy skills and other tasks focused on independent living skills.

Independent Living Skills: This is a one year, full-time course for learners performing at SCQF level 2/3. Learners on this course will experience a range of classes to enhance their core skills, as well as develop employability skills through such subjects as Enterprise and Volunteering. Self-development is also a focus for this course and each week the group will go out in to the community to focus on practical numeracy skill and/or independent travel training. Should transition to the college environment be successful and students complete the course, then they will be offered a place on our Skills For Life course as a progression pathway

Social skills



Drama



Personal development



Independent living



Literacy



Numeracy



Safety



Travel in the community



Self awareness



Arts and crafts



skills needed



listening



thinking



work by myself



accepting groups



using the bus



using a toilet



independent dressing



how long



year 1



year 2



year 3



when open



term



September



October



November



Christmas



January



February



Easter



April



May



college



New College Lanarkshire

New College
Lanarkshire
Skills for life



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

Courses Available:

Access

SCQF Level: 1

Course Type: Part Time

Starts: August

Course Information:

Course Aims

- Enable learners to access an inclusive adult environment
- Increase learners' confidence
- Promote functional communication

Subjects covered

- Communication
- Health and Wellbeing
- Enterprise
- Art

college



New College Lanarkshire

New College
Lanarkshire
Skills for life



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

Raising your Potential

SCQF Level: 1 and 2

Course Type: Full Time

Starts: August

Course Information:

Course Aims

- Enable learners to access an inclusive adult environment
- Increase learners' confidence
- Stimulate educational and leisure interests
- Promote functional communication with staff and peers
- Work with the student and their family to achieve personal goals

Subjects Covered

- Communication
- Numeracy
- Cooking Health and Wellbeing
- ICT
- Art
- Community and Leisure Skills

college



New College Lanarkshire

New College
Lanarkshire
Skills for life



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

Towards Independence

SCQF Level: 1 and 2

Course Type: Full Time

Starts: August

Course Information:

Course Aims

- Increase learner confidence by experiencing success
- Provide a differentiated range of Educational opportunities
- Stimulate educational, leisure and vocational interests
- Promote independence, self-awareness and self esteem.
- Achieve individual goals detailed in the personal Learning and Support Plan
- Contribute to the process of planning post-college options
- Maintain and develop skills to promote independence
- Develop interpersonal and group skills
- Offer learners a range of practical activities.

Subjects Covered

- Communication
- Numeracy
- Cooking Health and Wellbeing
- ICT

college



New College Lanarkshire

New College
Lanarkshire
Skills for life



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

Independent Living Skills

SCQF Level: 2 and 3

Course Type: Full Time

Starts: August

Course Information:

Course Aims

- Enable learners to access an inclusive adult environment
- Increase learners' confidence by experiencing success
- Develop skills to work with other people
- Encourage learners to take responsibility and respect others
- Stimulate educational, leisure and vocational interests
- Maintain and develop skills to promote independence
- Work with the student and their family to achieve personal goals
- Develop skills that prepare students for independence and working life
- Helping students to manage their emotions

Subjects Covered

- Communication
- Numeracy
- Cooking
- Health and Wellbeing
- ICT
- Art

college



New College Lanarkshire

New College
Lanarkshire
Skills for life



Address: 1 Enterprise Way, Wishaw, Motherwell, ML1 2TX

Phone: 0300 555 8080

Email: Admissions@nclan.ac.uk

Contact: Adam Fairweather—Curriculum Quality Leader

Website: www.nclanarkshire.ac.uk

Number of students: approx. 10,000

Life Skills, Employability and Personal Development

SCQF Level: 3

Course Type: Full Time

Starts: August

Course Information:

Course Aims

- Enable learners to access an inclusive adult environment
- Develop skills to work with other people
- Encourage learners to take responsibility and respect others
- Promote independence and personal development
- Achieve individual goals detailed in the personal Learning and Support Plan
- Contribute to the process of planning post-college options
- Support learners to consider post-course vocational opportunities
- Offer a work experience placement

Subjects Covered

- Core skills and digital literacy, a core mix of SQA and ASDAN accredited qualifications and awards.
- Personal development, practical and vocational subjects

New College Lanarkshire offer a range of follow on courses that students can access after completing an initial course at NCLan

college



Glasgow Kelvin College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

The Faculty of Supported Learning offers We run classes from level 1-4 for learners with more complex needs through to learners who may need a little support prior to moving into mainstream . More information can be found on our website.

We offer full-time and part-time courses including: Level 1 National Qualification Personal Achievement Award, Level 1 National Qualification Skills for Learning, Life and Work, Level 2 National Qualification Skills for Learning, Life and Work, Level 2 General Education. There are no entry requirements for these courses. Generally you will be invited to attend some taster sessions to support you to make informed decisions around which course is suitable for you.

Links to these courses are on the website under courses and select 'supported learning' under the course department section.

The National 3 Employability skills and Pathways to employment skills has an employment focus in all activities and students are supported to undertake a work experience placement as part of their studies.

We have an on-campus employment development officer who supports with transitions into employment.

Social skills



Drama



Personal development



Independent living



Literacy



Numeracy



Safety



Travel in the community



Self awareness



Arts and crafts



skills needed



listening



thinking



work by myself



accepting groups



using the bus



using a toilet



independent dressing



how long



year 1



year 2



year 3



when open



term



September



October



November



Christmas



January



February



Easter



April



May



college



Glasgow Kelvin College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

Courses Available:

NC Employability and Citizenship

SCQF Level: 3

Course Type: Full or Part Time

Starts: August

Course Information:

National 3 level learning designed to be flexible and help you into employment, further learning or training within your community.

It will help you to build your skills and increase confidence in a supportive environment.

Course topics include:

- Employability Award
- Digital Literacy Award
- Steps to work Award
- Personal Development Award
- Drama
- Well being.

college



Glasgow Kelvin College



Glasgow
Kelvin
College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Jennifer Miller—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

NC Employability and Volunteering

SCQF Level: 3

Course Type: Full or Part Time

Starts: August

Course Information:

Do you want to take part in a variety of volunteering activities, this programme will enable you to work as part of a team and experience a wide variety of interesting activities. You will attend college one day per week, and be taken as a class to a variety of external volunteering projects some of which may include Lamb Hill Stables, Maggie's Meals the Salvation Army and many more.

This experience will help you to forge links with the voluntary sector and develop future opportunities in this area.

You will undertake a number of Scottish Qualification Awards at SCQF level 3 these include:

- Preparing to Volunteer
- Volunteering Experience
- Volunteering Investigative Project

This will lead to the group award in Volunteering skills

college



Glasgow Kelvin College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

NQ General Education Level 2

SCQF Level: 2

Course Type: Part Time

Starts: August

Course Information:

The part-time general education course at our Easterhouse campus builds confidence, independence and skills for life in various areas and focuses on goal-setting and working with others

The course includes

- Communication skills
- Preparing for employment
- Healthy food choices
- Drama
- Creative arts
- Science

This is a flexible course with the option of attending for one or two days per week.

Parts of the course are practical so learners will have the chance to learn and consolidate new skills with support.

For science, the students will engage in a project in the local community and they will prepare healthy meals in a college training kitchen.

college



Glasgow Kelvin College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

NQ Personal Achievement Award

SCQF Level: 1 & 2

Course Type: Part Time

Starts: August

Course Information:

Personal Achievement Awards recognise small but significant successes in a variety of areas. These Awards are ideal for those who require additional support for learning, it enables learners to build up achievements in small steps.

Available at SCQF Levels 1 & 2 and at three stages of achievement: Bronze, Silver and Gold.

The Personal Achievement Award provides certification for combinations of different Units successfully completed by learners:

Developing Independence Theme:

Having your Say

Healthy Eating

Hobbies and Interests

Looking after your Home

Performing Arts

Individual Activity

Personal Health

Personal Presentation

Personal Relationships

Taking Part in the Community Theme:

Community Activity

Eco-awareness

Enterprise

Exploring a Local Area

Financial Awareness

Fundraising

Performing Arts: Group Activity

Promoting Health

Social Events.

college



Glasgow Kelvin College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

NQ Skills for Learning, Life and Work

SCQF Level: 1

Course Type: Full Time

Starts: August

Course Information:

For young people who are extensively supported by ASN school and/or adult services, who want to develop social skills, communication, self-reliance, independent living skills.

Course topics include:

- Environmental studies
- Drama
- Healthy Living
- Drama
- Computing / Core skills.

college



Glasgow Kelvin College



Glasgow
Kelvin
College



Address: 123 Flemington Street, Glasgow, G21 4TD

Phone: 0141 630 5000

Email: info@glasgowkelvin.ac.uk

Contact: Michelle Hendry—Curriculum Manager for supported learning

Website: www.glasgowkelvin.ac.uk

Number of students: approx. 10,000

NQ Skills for Learning, Life and Work

SCQF Level: 2

Course Type: Full Time

Starts: August

Course Information:

Young people approaching transition from school to adult services and individuals who want to explore the world of work.

The Personal Development Award includes:

- Independent Living
- Enterprise
- Personal Finance
- Numeracy
- Communications
- Environmental issues
- Drama
- Computing.

college



City of Glasgow College

CITY OF GLASGOW COLLEGE



Address: City Campus, 190 Cathedral Street, G4 0RF

Phone: 0141 375 5555

Email: enquiries@cityofglasgow.ac.uk

Contact:

Website: www.cityofglasgow.ac.uk

Number of students: approx. 32,000

The Faculty of Supported Learning offers We run classes from level 2-5 for learners with a range of needs. Courses stipulate minimum entry requirements, students require to be working towards independence and able to cope in a class of 10-12 students. More information can be found on our website under the 'find a course' title page and subject section 'adult learning and supported programmes'.

We offer full-time and part-time courses including: Employability programme, Level 2 National Qualification Development Programmes, Level 3 National Qualification City Works, Level 3 National Qualification Transition Programmes, Level 4 National Qualifications Transition Programmes, Level 5 National Qualification and Higher Mathematics.

Teaching is student centred, based around identified student need/interests, and is project led. Activities are linked to real life opportunities – including work tasters where appropriate

Employability and further education opportunities after course study include: supported or open employment, city works, project search and other employment based programmes and volunteering opportunities.

Geography



Horticulture



Personal development



Hospitality



Retail



Numeracy



Digital Media



Administration



Sciences



Enterprise



skills needed



listening



thinking



work by myself



accepting groups



using the bus



using a toilet



independent dressing



how long



year 1



year 2



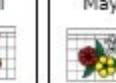
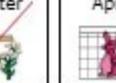
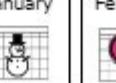
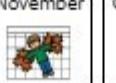
year 3



when open



term



college



City of Glasgow College

CITY OF GLASGOW
COLLEGE



Address: City Campus, 190 Cathedral Street, G4 0RF

Phone: 0141 375 5555

Email: enquiries@cityofglasgow.ac.uk

Contact:

Website: www.cityofglasgow.ac.uk

Number of students: approx. 32,000

Courses Available

NQ Cityworks

SCQF Level: 3

Course Type: Full Time

Starts: August

Course Information:

This course is designed for students with additional support needs who are interested in finding work-based training and employment.

You will study a range of SQA qualifications however the focus of this course is work experience. You will be involved in horticulture placements in our college gardens and allotment while also working in our community-based café. Students will also have the opportunity to work in other areas across the college such as housekeeping, catering and reception.

You will undertake work-based learning in relevant work placements in a range of vocational areas.

Examples from previous years include Horticulture, administration, housekeeping, reception, hospitality, catering and retail.

In college, you will study ICT, Numeracy, Communication, Personal Development, Practical Development and Work Experience at SCQF 3 and undertake intensive job seeking and vocational research skills.

college



City of Glasgow College

CITY OF GLASGOW COLLEGE



Address: City Campus, 190 Cathedral Street, G4 0RF

Phone: 0141 375 5555

Email: enquiries@cityofglasgow.ac.uk

Contact:

Website: www.cityofglasgow.ac.uk

Number of students: approx. 32,000

NQ Development Programme

SCQF Level: 2,3 & 4

Course Type: Full Time

Starts: August

Course Information:

A course designed for students with additional support needs who are interested in developing independence and employability skills. This programme is designed for students who are keen to progress to adult education, training and employment.

The course is designed to build on existing skills in a variety of vocational contexts including Hospitality, Horticulture, Retail, Housekeeping, Administration and Catering. Class sizes of 10 – 12 mean you are well supported and part of the programme involves learning how to operate in a large college environment.

You'll have access to all the facilities the college has to offer including purpose-built kitchens, rooftop garden, art facilities and library services and ICT.

Core subjects may include:-

- Enterprise.
- Personal Development.
- Horticulture.
- Hospitality.
- Retail.
- Admin.

college



City of Glasgow College

CITY OF GLASGOW
COLLEGE



Address: City Campus, 190 Cathedral Street, G4 0RF

Phone: 0141 375 5555

Email: enquiries@cityofglasgow.ac.uk

Contact:

Website: www.cityofglasgow.ac.uk

Skills for Life and Work

SCQF Level: 2,3,4

Course Type: Full Time **Starts:** August

Course Information:

The course is designed to be a personalised / tailored experience thus providing young people with the opportunity to develop and improve life skills and independence. If appropriate to their individual learning plans, it will provide openings for them to infill into other college faculties to experience mainstream courses.

At the end of the course young people will be better prepared to seek employment, continue with further education and live more independent lives.

All students are supported throughout the academic year and guidance staff use Personal Learning and Support Plans to capture learning and personal goals, progress and achievements.

Students develop core and interpersonal skills such as working with others, problem solving, communication and time-keeping. Other subjects include;

Work preparation skills (including interview techniques, CV preparation, letter writing and job searching)

Team working and enterprise skills

Volunteering skills

Money handling and numeracy

How to self-manage health and wellbeing

Literacy

How to use assistive technology

How to make better use of Information Technology

Horticulture

Creative arts

Practical experience

Environmental awareness

First aid practices

Work experiences

college



Glasgow Clyde College



Address: Anniesland Campus: 19 Hatfield Drive, G12 0YE
Cardonald Campus: 690 Mossspark Drive, G52 3AY
Langside Campus: 50 Prospecthill Road, G42 9LB
Phone: 0141 272 9000
Email: info@glasgowclyde.ac.uk
Website: www.glasgowclyde.ac.uk

Glasgow Clyde College provides certificated courses at SCQF levels 2-4, for students who require additional support for learning. These courses help develop employability skills, personal and social skills and support lifelong learning and social inclusion. Courses are offered on a full-time and part-time basis with clear progression routes for students.

The supported learning courses can be found under the following section—study with us—subject areas—additional support for learning—browse courses. These include: Lifelong learning, moving towards independence, moving onto work, Level 2 National Qualification Learning for independence, Level 2 National Qualification skills for life and work, Level 3 National Qualification skills for life and work, Level 4 National Qualification skills for life and work,

Glasgow Clyde College works in partnership with Councils and businesses to deliver DFN Project Search course. The course provides real-life work experience combined with training in employability skills to support young people with learning disabilities and autism spectrum conditions make successful transitions to a working life.

The College also provides a supportive transition from school to further education or employment. Where employment is not an appropriate option for students, they are encouraged to increase their community involvement and to engage in volunteering opportunities.

cooking



horticulture



vocational



arts & crafts



science



drama



sport



physical



fitness



music



instruments



singing



cosmetics



history



geography



skills needed



listening



thinking



help



accepting
groups



how long



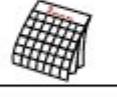
year 1



year 2



year 3



when open



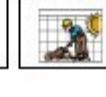
term



August



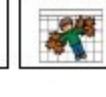
September



October



November



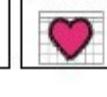
Christmas



January



February



Easter



April



May



college



Glasgow Clyde College



Address: Anniesland Campus: 19 Hatfield Drive, G12 0YE
Cardonald Campus: 690 Mossspark Drive, G52 3AY
Langside Campus: 50 Prospecthill Road, G42 9LB

Phone: 0141 272 9000

Email: info@glasgowclyde.ac.uk

Website: www.glasgowclyde.ac.uk

Courses Available:

Future Focus

SCQF Level: 2

Course Type: Part Time

Starts: August

Course Information:

This course offers you an excellent opportunity to build your personal confidence with learning and the challenges of everyday life. Through practical learning you will be supported to grow as an individual. You will be supported to work in teams and will work towards formal qualifications. This is an ideal platform for those preparing to apply for full time study within Further Education or for those who are not able to commit to full time study.

Subjects Covered

- Exploring Glasgow
- Wellbeing
- Drama
- Basic construction
- Cookery

college



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Website: www.glasgowclyde.ac.uk

Learning for Independence

SCQF Level: 2

Course Type: Full Time

Starts: August

Course Information:

This Learning for Independence (National 2) course is ideal if you have recently left school and you would like to build your confidence.

This course will help you make the transition from school to further education or other appropriate progression routes by developing your social, practical and independence skills

Subjects Covered

- Communication and media studies
- Numeracy and personal finance
- Building positive relationships
- Information technology
- Travel and leisure activities
- Healthy living
- Cooking skills
- Environmental issues
- Preparation for adulthood
- Fit for life

college



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Email: info@glasgowclyde.ac.uk

Website: www.glasgowclyde.ac.uk

Lifelong Learning

SCQF Level: 2

Course Type: Part Time

Starts: August

Course Information:

This Lifelong Learning course offers learning opportunities for adults who need additional support for learning. It aims to support personal development, self-determination and social inclusion. The course subjects consist of half-day sessions and you can apply for up to two subjects. Each course helps you to develop your knowledge and skills and, where possible, to become involved in related practical activities. Depending on the campus, you can study:

Cardonald Campus

Cookery
Craft
Drama
Art
The green zone
Music

Langside Campus

Digital photography
Creative art
Community activity
Steps to work
Introduction to ICT
Personal Development Enterprise

college



Glasgow Clyde College



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Cardonald Campus: 690 Mossspark Drive, G52 3AY
Langside Campus: 50 Prospecthill Road, G42 9LB

Phone: 0141 272 9000

Email: info@glasgowclyde.ac.uk

Website: www.glasgowclyde.ac.uk

Moving on to Independence

SCQF Level: 2

Course Type: Full Time

Starts: August

Course Information:

The aim of the course is to build skills that will prepare young people for life after college and it is suitable for those who have completed the Learning for Independence or a similar course.

You will develop personal and employability skills through a wide range of subjects and receive guidance and support to develop your own Personal Learning and Support Plan, to meet your individual needs and goals.

Learning to work with others is an important element of the course and is encouraged through projects and activities. Students will participate in work experience placements within the college and these are an excellent way of preparing for supported employment or volunteering.

college



Glasgow Clyde College



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Phone: 0141 272 9000

Email: info@glasgowclyde.ac.uk

Website: www.glasgowclyde.ac.uk

Moving on to Work

SCQF Level: 3

Course Type: Full Time

Starts: August

Course Information:

When you attend classes at the College, you will develop and improve upon the skills and qualities that you will need for employment or future study and develop financial awareness to support independent living. In addition, you will develop resilience and coping strategies for the challenges ahead.

Please note, participating in a work placement is a mandatory element of the course.

Course Content

Money Management: Cost of living, budgeting, saving, debt management, salaries and deductions, discounts, data management

Employability: Tailored CVs, personal statements, logbooks, application support, interview preparation

Personal Development: Identifying skills and qualities, identifying goals and areas for development, presentations and confidence-building exercises, resilience and coping strategies, self-evaluation, future-planning

Practical Skills: customer service, job roles and job sectors, skills for work

college



Glasgow Clyde College



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Langside Campus: 50 Prospecthill Road, G42 9LB

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Email: info@glasgowclyde.ac.uk

Website: www.glasgowclyde.ac.uk

NQ DFN Project SEARCH (NHS) - Based at Glasgow Royal Infirmary

SCQF Level: 3

Course Type: Full Time

Starts: August

Course Information:

This Project Search course is offered by Glasgow Clyde College and works in partnership with Glasgow City Council Supported Employment Service and NHS Greater Glasgow and Clyde. It is ideal if you have learning disabilities and would like to develop your employability skills.

You will develop your skills at Glasgow Royal Infirmary where you will carry out work placements and attend classes. Work placements may include pottery, catering, domestic and administration.

You will also develop essential skills that will help you gain employment such as CV writing, interview techniques and working with others.

You will be supported throughout the course by a college lecturer, a job coach and hospital staff. To ensure your learning is tailored to suit your own needs and goals, you will develop a Personal Learning and Support Plan.

ASPIRE

Youth Employability

South Lanarkshire Youth Employability Service (Education Resource) 'My Brighter Future' provides employability support, work based learning opportunities and qualifications for young people in the Senior Phase of school or who have left school up to the age of 19 (24 if Care Experienced).

Universal Pathways

Universal pathway programmes offered to S4-S6 pupils include GradU8 and Foundation Apprenticeships.

GradU8

Offers pupils S4 – S6 the opportunity to study at College for a Work based learning qualification at SCQF level 4 or 5 in a variety of subject areas they may wish to pursue after leaving school.

Foundation Apprenticeship

Offers pupils S5 – S6 a combination of real-world work experience with local employers and the opportunity to gain industry specific skills and nationally recognised qualifications at SCQF level 6.

Targeted Support

The ASPIRE Programme is a targeted service which provides one-to-one bespoke key work support to young people who are not quite ready to enter employment, training or further education in the last 6 months of school and beyond.

vocational



Sense Scotland



Address: Touchbase 43 Middlesex Street, Glasgow, G41 1EE

Touchbase Lanarkshire, 4 Leys Park, Hamilton, ML3 9EQ

Phone: 0300 330 9292

Email: advisory@sensescotland.org.uk

Contact: Gillian McGory

Website: www.sensescotland.org.uk

The development of TouchBase in Glasgow was driven by a compelling vision to create a vibrant and welcoming space in the heart of the community. Thirty five years on and Sense Scotland's TouchBase Glasgow is an ideal place to witness the original vision in action. Here you'll find a bustling, inclusive community that reveals the benefits of encouraging independent living and discovering unique capabilities of all individuals.

TouchBase is one of Sense Scotland's biggest contributions to developing a community. It offers a variety of registered group services or 1:1 support including access to expressive arts, music and drama. It's also a place for the wider community.

If you wish someone to be considered for Touchbase we would require a referral form and a current social work assessment. We would carry out our own initial assessment and if we feel that we are an appropriate service to meet the needs of the person, we would look to proceed. We would require confirmation that agreed budget in place noting how many weeks days of the week and for how many weeks of the year the service would be provided.

cooking



horticulture



vocational



arts & crafts



science



drama



sport



physical fitness



computers



music



instruments



singing



cosmetics



history



geography



skills needed



listening



thinking



help



how long



lifelong



when open



all year



vocational



One Giant Leap

Sense Scotland



Address: Touchbase, 43 Middlesex Street, Glasgow, G41 1EE

Touchbase Lanarkshire, 4 Leys Park, Hamilton, ML3 9EQ

Phone: 0300 330 9292

Email: oglglasgow@sensescotland.org.uk

ogllanarkshire@sensescotland.org.uk

Contact: Nicola Blackett

Stride (formerly One Giant Leap) is a youth programme supported by a team of volunteers working alongside Sense Scotland staff. Through youth groups we aim to improve the move from school to adulthood for young people with communications support needs. Stride currently takes place in Glasgow and Lanarkshire. Groups are open to young people with communication support needs, up to one year before leaving school, and one year after. All activities take place in large groups and therefore members should be comfortable in this kind of setting.

This is a social group where the young people will have the chance to take part in activities like art, music and sports. The aim is to learn life and employability skills which are transferable, by participating in educational and social activities. This is in line with ASDAN vocational qualifications. Activities are chosen by the young people and led by them at weekly planning meetings. There's a strong focus on peer support, building resilience through friendships and learning new skills – but mostly it's about having fun.

Glasgow: Groups take place: Monday: 3.30pm-7pm, Tuesday: 3.30pm-7pm

Lanarkshire: Groups take place: Tuesday: 4pm-8pm, Thursday: 4pm-8pm

cooking



horticulture



vocational



arts & crafts



science



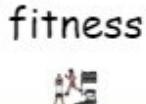
drama



sport



physical



fitness



music



instruments



singing



cosmetics



history



geography



skills needed



listening



thinking



helping



accepting



how long



year 1



year 2



when open



all year



vocational



Paragon Music

Paragon



Address: Various Locations

Main Office: 350 Sauchiehall Street, Glasgow, G2 3JD

Phone: 0141 354 0234

Email: fiona-paragon@btconnect.com/zac-paragon@btconnect.com

Contact: Fiona Corr-MacLeod/Zac Scott

Website: www.paragon-music.org

Paragon music is a 1-1 and group mentoring process, so they are able to be in the sessions as an individual. Should a mentee express an interest in taking up some of Paragon's creative group sessions, then conversations can be had to suit their needs upon joining! Mentees can attend for a period of 6 months before then being guided towards the suitable pathway to meet their aspirations and needs. This might mean joining in with Paragon's group workshops, continuing the mentoring journey with Horizons or finding new opportunities through other organisations that have been part of the paragon experience. Young people who attend can communicate in whatever way is most comfortable and appropriate for them. This might mean using words, typed text, movements or musical interactions. We provide:

- Opportunities to attend events and talks that suit each mentee's interests and aspirations
- Networking with other Arts Organisations - Locally & Nationally
- Bespoke Music and Dance provision with a variety of highly trained practitioners
- Live Performance and Live Streaming opportunities
- Events Organising experiences in-house

drama



act



creative



express



rhythm



instruments



singing



music



computers



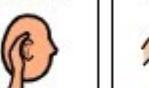
movement



skills needed



listening



thinking



helping



how long



month 1



month 2



month 3



month 4



month 5



month 6



when open



all year



vocational



Includeme2club



Address: Various (see website)

Phone: 07525 208 738

Email: info@includeme2club.org.uk

Contact: Paul Mcilvenny

Website: www.includeme2club.org.uk

Number of Participants: 500

The Hub at James McGuire Building is our Multi-purpose Community Hub.

Nicknamed “The McGuire” by our Volunteers, it hosts our Social Blend Coffee & Gift Shop as well as Sparkle Pottery Art Room. There are 2 former Police Cells in the back which have been converted into heated meeting pods complete with AV functionality. These can be booked by the community or external organisations for use throughout the week.

The Include Me 2 Club is working in partnership with The Michael Tracey Project to bring you a dynamic, new approach to Day Services with the new Hub Club. A multiple-choice day club with a difference!

Allotment Angels is a growing gardening project based in the Dennistoun Area of Glasgow. Groups are organised by our resident green fingered gardeners, since its creation, the site at the Reidvale Allotments has grown fast and incorporates a wide variety of floral designs and growing patches. Recently a shelter has been constructed to allow for comfort and shelter from the Scottish weather throughout the year.

They also offer a range of different services for all age groups across a number of locations, including a buddy programme, well walks, evening events, inclusive clubbing events, pool clubs, caravan stays and employability.

cooking



horticulture



vocational



arts & crafts



science



drama



sport



physical



computers



music



instruments



singing



cosmetics



geography



skills needed



listening



thinking



help



how long



lifelong



when open



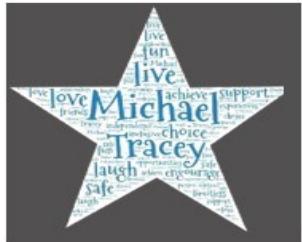
all year



vocational



The Michael Tracey Project



Address: Neilston Scout Hall, Main Street, Neilston, G78 3LB

Phone: 01414835969 – option 2

Email: caraodonnell@themichaeltraceyproject.co.uk

Contact: Cara O'Donnell

Website: www.themichaeltraceyproject.co.uk

Number of Participants: 100

Whilst the Michael Tracey Project provide a range of support services to adults aged 16 + including;

- Transition Support
- Outreach Support
- Short Breaks/ Respite
- Independent Living

The main area that has recently been developed is Day Support Club – we are in partnership with IM2C to run this service. The Hub Club is a programme of daytime activities, workshops and events designed for post 16 with additional support needs and/or disabilities to achieve their own personal goals and outcomes.. The Hub provides a programme of choice, being able to attend one session in the morning or afternoon to attending all day up to five days per week. The choice is yours to wrap around your lifestyle, college placements, support plans or ideally when you haven't got anything on and wish to do something fun and creative or socially engage with peers.

We are working to bring you a new, dynamic approach to day services for adults with an additional support needs or disabilities, by

cooking	horticulture	vocational	arts & crafts	science
drama	sport	physical fitness	computers	music
instruments	singing	cosmetics	history	geography
skills needed	listening	thinking	help	
how long	lifelong			
when open	all year			

vocational



CROSSREACH

Threshold

CROSSREACH

Care you can put your faith in



Address: 7 Glenview, Larkhall, ML9 1DA

Phone: 07388 227136

Email: info@crossreach.org.uk

Contact: Kathleen Cairns

Website: www.crossreach.org.uk

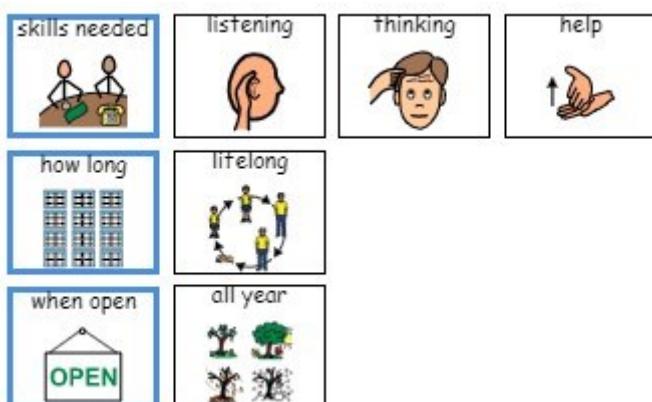
Number of Participants: 1000

We aim to provide a flexible support service to help meet your needs and achieve your aspirations. So we'll work with you, your family and carers to create your personal support plan, and help you choose which services you want.

What services do we provide?

- A range of day opportunities and activities in your community
- Practical support in your own home, with anything from cooking, looking after your money and getting around safely
- Extra care and support in accommodation that we provide to you

We also have a base and services in the Glasgow area.



vocational



Workmates at Eastpark



Address: East Park, 1092 Maryhill Road, Glasgow, G20 9TD

Phone: (0141) 946 2050

Email: enquiries@eastpark.org.uk

Contact: Karen Ferguson

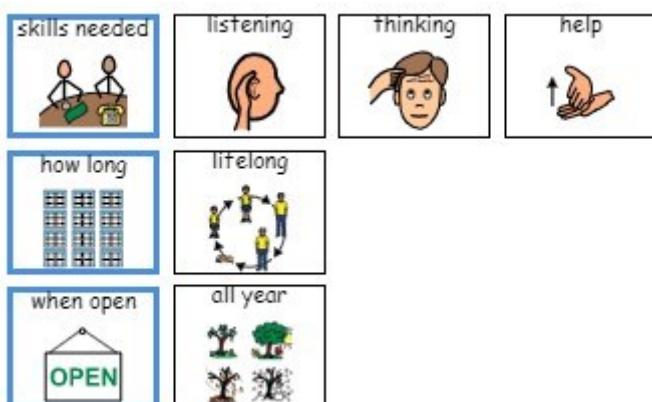
Website: www.eastpark.org.uk

Number of Participants: 1000

All young people have a learning disability but may also have either; a physical disability, ASD (Autism Spectrum Disorder), health and medical needs, personal care needs, communication issues, challenging behaviour.

We work with each young person on a one to one basis to develop their individual potential and to enable participation in: continuing education, work experience, community based classes, independent living skills and therapeutic activities

We have a base at the East Park site where we have access to various facilities but make the most of community resources. All staff are highly trained and suitably qualified.



vocational



Academy House



Address: Gower Street, Unit 1000 Academy Park, Glasgow,

G51 1PR

Phone: 0141 419 0226

Email: info@academyhouseservices.com

Contact: Mary Shields

Website: www.academyhouseservices.com/

Academy House Services is a new and dynamic service offering day opportunities for adults identified with learning disabilities, sensory impairments and/or complex needs.

Your service will be designed with you and will be a blend of building based supports/activities as well as community inclusion.

We can offer you a fabulous sensory area, fully accessible life skills/kitchen training area, touch enable IT and computing facilities, arts and craft studio, multi-purpose rooms for drama, exercise, music and many other activities to keeps our clients active and having fun. Academy House Services will work in partnership with you to design and develop your Person Centred Plan and achieve your outcomes. Academy House Services will support you in a way that maximises your skills and attributes to the best of your ability.

Our support team are qualified, responsive and accountable to work in partnership with you and your family.

cooking



horticulture



vocational



arts & crafts



science



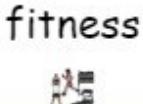
drama



sport



physical



fitness



music



instruments



singing



cosmetics



history



geography



skills needed



listening



thinking



help



how long



lifelong



when open



all year



vocational



ARCH

Supporting Autism In



sail autism
Supporting Autism In The Community
www.sailautism.org.uk

Recognise. Understand. Accept.



Address: Reid Street, Burnbank, Hamilton, ML3 0RQ

Phone: 0344 225 1111

Email: ARCH@southlanarkshire.gov.uk

Contact:

Website: www.sailautism.org.uk/arch

Number of Participants: 500

The Autism Resources Co-ordination Hub (ARCH) offers a range of services and can signpost you to other autism-related support both locally and nationally.

This service has been set up to support people of all ages affected by autism, as well as their parents/carers.

Our intention is to work with all our autism partners in the community to help them design, deliver and promote autism-friendly services which will support the needs of those affected by autism within their own communities.

Groups meet regularly for scheduled activities within the hub, these are tailored to the personalities that are currently using the service.

cooking



horticulture



vocational



arts & crafts



science



drama



sport



physical



fitness

computers



music



instruments



singing



cosmetics



history



geography



skills needed



listening



thinking



help



how long



lifelong



when open



all year



vocational



National Autistic Society Social Groups



National
Autistic
Society



Phone: 0808 800 4104

Email: ScotlandSocialGroups@nas.org.uk

Contact: Sandra Burkley

Website: www.autism.org.uk

We run groups that get together regularly and provide members with opportunities to meet new people and have new experiences. The sessions are facilitated by staff and a team of volunteers, with members deciding where they want to visit and what activities they want to try. Just like our usual social groups, the new online groups are facilitated by staff and offer a place for autistic people to connect and talk about whatever they wish - from film and TV, to cooking, gaming, art, LEGO and other interests.

They're a great way for people to build confidence, make friends and help with communication skills. It's also a way for staff to provide tips on staying healthy and well during this time and helping people support each other.

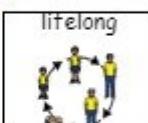
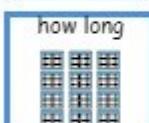
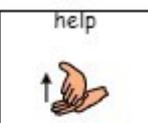
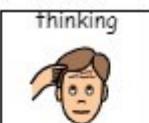
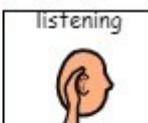
Free to join, the online groups are open to autistic people and families wherever you are in Scotland. There are groups representing different geographical areas, young people, parents, girls and women, LGBT+ individuals, as well as particular interest groups such as 'Film' and 'Quiz' clubs

The groups are open to anyone who is autistic, or suspects they are – you don't need a formal diagnosis to join our groups. There are no geographical boundaries – you can join if you live in any part of Scotland. If you are aged between 12 and 26 years old, the groups will be available to you.

If you have a diagnosis of autism and are over 26 years old, take a look at our [Person to Person service](#).

As well as helping to develop social skills and making friends, joining a group can help with:

- confidence, • using public transport, • using money, • decision making, • turn taking, • personal presentation
- healthy eating, • staying active, • socialising with people outside the family, • mental health and wellbeing.





National Autistic Society info



Phone: 0808 800 4104

Email: enterprise.team@nas.org.uk

Contact: Employment and Enterprise Team

Website: www.autism.org.uk

Number of Participants: 700,000 nationwide

Autism at Work programme is an employment programme designed to increase the number of autistic people in sustainable paid employment.

Support for candidates includes:

- Pre-employment preparation
- Support with on boarding
- Ongoing support from a specialist Job Coach

You may find the information on our website helpful: <https://www.autism.org.uk/what-we-do/employment/autism-work-programme>

The roles generated through Autism at Work are posted on our **Jobs Board** on the Employment pages of the NAS website.

Further details on how the Autism at Work programme engages with employers can be found [here](#).

You may also be interested in our Finding Employment online module that includes support on career planning, CV writing, job searching, application process and reasonable adjustments. This is a FREE online resource that you can start using today. We have also designed an online training module that will take you through the stages for finding work and provide you with some suggestions of strategies and practical tips for how to look for opportunities. It includes support on career planning, CV writing, job searching, application process and reasonable adjustments. This is a FREE online resource that you can start using today. The module can be found at this link: <https://www.autism.org.uk/professionals/training-consultancy/online/finding-employment.aspx>

Are you interested in Cyber? Immersive Labs cyber suite offer the world's first fully interactive, gamified and on-demand cyber skills platform. This is where you can hone vital cyber talent, assess your security capabilities and reveal relevant risk and can also find out if this is something that interested you. The link to register is here: <https://ndca.immersivelabs.online/register> Please let us know if this is of interest to you, as we can provide you with a code to access these Cyber suites for free

Links of other services that you may find useful to research or contact:

Ambitious About Autism: This is a national charity for young people with autism. They are running several internship programmes and you can find out more here: www.ambitiousaboutautism.org.uk/

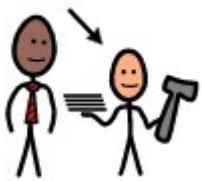
AS Mentoring are a specialist mentoring and employment support service. The cost for their support may be covered by Access to Work funding. Here is the link to find out more: www.asmentoring.co.uk/

Autus is a virtual job club for autistic people seeking employment. It's an online environment where members exchange application strategies and experiences. They also invite guest speakers to give presentations. Here is the link to find out more: www.autus.org.uk/what_we_offer/job_club

The British Association of Supported Employment (BASE) have some further information for jobseekers that might be of use. You can see further information here: www.base-uk.org/information-jobseekers

Employability is an organisation that helps people with the transition from education to employment. Here is the link to find out more: www.employ-ability.org.uk/

employability



National Autistic Society advice



National
Autistic
Society



Phone: 0808 800 4104

Email: enterprise.team@nas.org.uk

Contact: Employment and Enterprise Team

Website: www.autism.org.uk

Number of Participants: 700,000 nationwide

It might be worth contacting your local JobCentre Plus to find out more about how they can help you. Each Jobcentre should have a Disability Employment Adviser (DEA) whose role it is to support adults with a disability. You can find where your local office is by using this link: <https://find-your-nearest-jobcentre.dwp.gov.uk/>

It can also be helpful to contact your local council to enquire about any job finding schemes that they may be running within your area.

Something that you may want to consider when looking for employment is to look for employers who are positive about employing people with a disability. It can be helpful to keep a look out for job adverts and application forms that display the 'Positive about Disabled People' (with 2 ticks) or 'Disability Confident' symbols on them. Employers that are in the Disability Confident scheme commit to ensuring that any candidate with a disability is guaranteed an interview as long as they meet the minimum job requirements. You can find out more about this scheme at the local Jobcentre and online, available here: www.direct.gov.uk/en/DisabledPeople/Employmentsupport/LookingForWork/DG_4000314

Another thing that may be worth thinking about is disclosure and reasonable adjustments in the workplace. Here is more information / advice about this:

Disclosure:

www.autism.org.uk/advice-and-guidance/topics/diagnosis/disclosing-your-autism/autistic-adults

There are also various things you can access when you are in work:

- Workplace assessments
- Training for you
- Training for your manager and colleagues
- Job coaching
- Access to Work - www.gov.uk/access-to-work

You should be able to find all the above information you need here:

www.autism.org.uk/about/adult-life/work.aspx

www.autism.org.uk/professionals/employers.aspx

This information outlines why employers should employ individuals with autism, and also useful guidelines for employers to know when employing an individual with an Autism Spectrum Disorder. This is something that can be passed onto the Disability Employment Adviser (DEA) at the Job Centre or can be read to help with applications.

support



Agencies and services

www.phewrespite.org.uk We are a charity based in Motherwell, Scotland providing short breaks for people who experience severe to profound learning difficulties.